

# A USEFUL GUIDE TO UNDERSTANDING SEXUAL ORIENTATION AND GENDER IDENTITY - AN INTRO



## Sexual Orientation - who you fancy

Note: There are many more and all are flexible: everyone is different

### Lesbian

Females who fancy females

### Gay

Males who fancy males - also used for females who fancy females

### Bisexual

People who fancy more than one gender

### Pansexual

People who fancy all genders

### Heterosexual

Females who fancy males and males who fancy females

## Gender identity - how you identify

Note: There are many more and all are flexible: everyone is different

### Trans

Identifying as a different gender to what is assigned on your birth certificate

### Cisgender

Identifying as the same gender assigned on your birth certificate

### Intersex / DSD (Differences in sex development)

People born with various combinations of hormones, chromosomes and/or genitalia. Intersex people can be any gender or any sexual orientation

### Gender fluid

Not having a fixed gender

### Non-binary

Not identifying as male or female